cheruchan op = UF for me

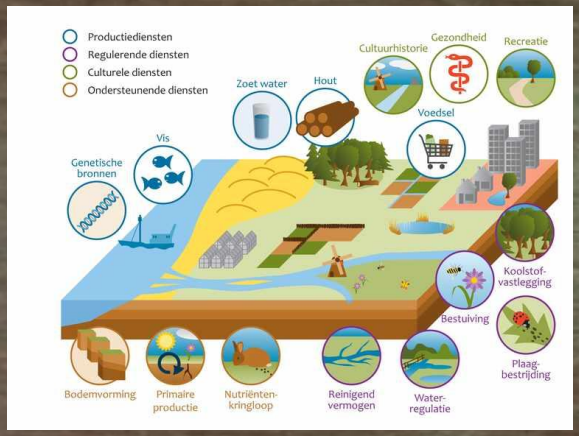
ontdekkingstocht

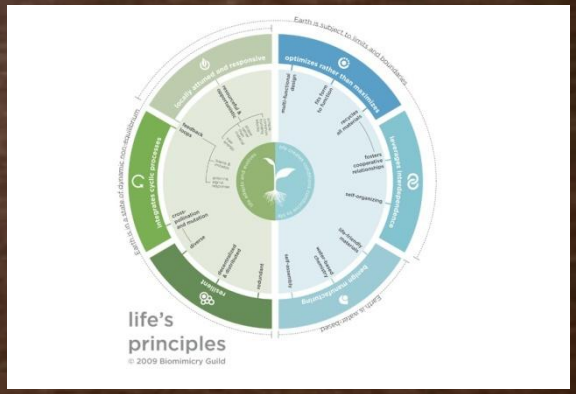
or 'cheruchan's discoveries'

Westland example

Who are today's urban farmers?
Mostly designers, architects, mothers, managers, etc.
(head'-people)
trying to grow
RADISH

Urban Farming
= start of
growing
awareness
of the need
of the
'dreamed City'
2050



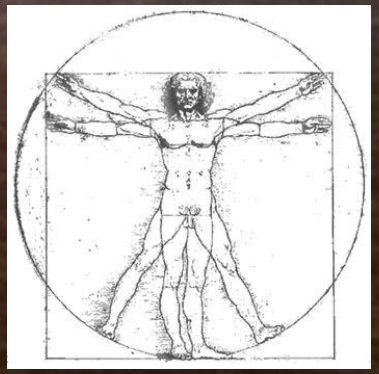


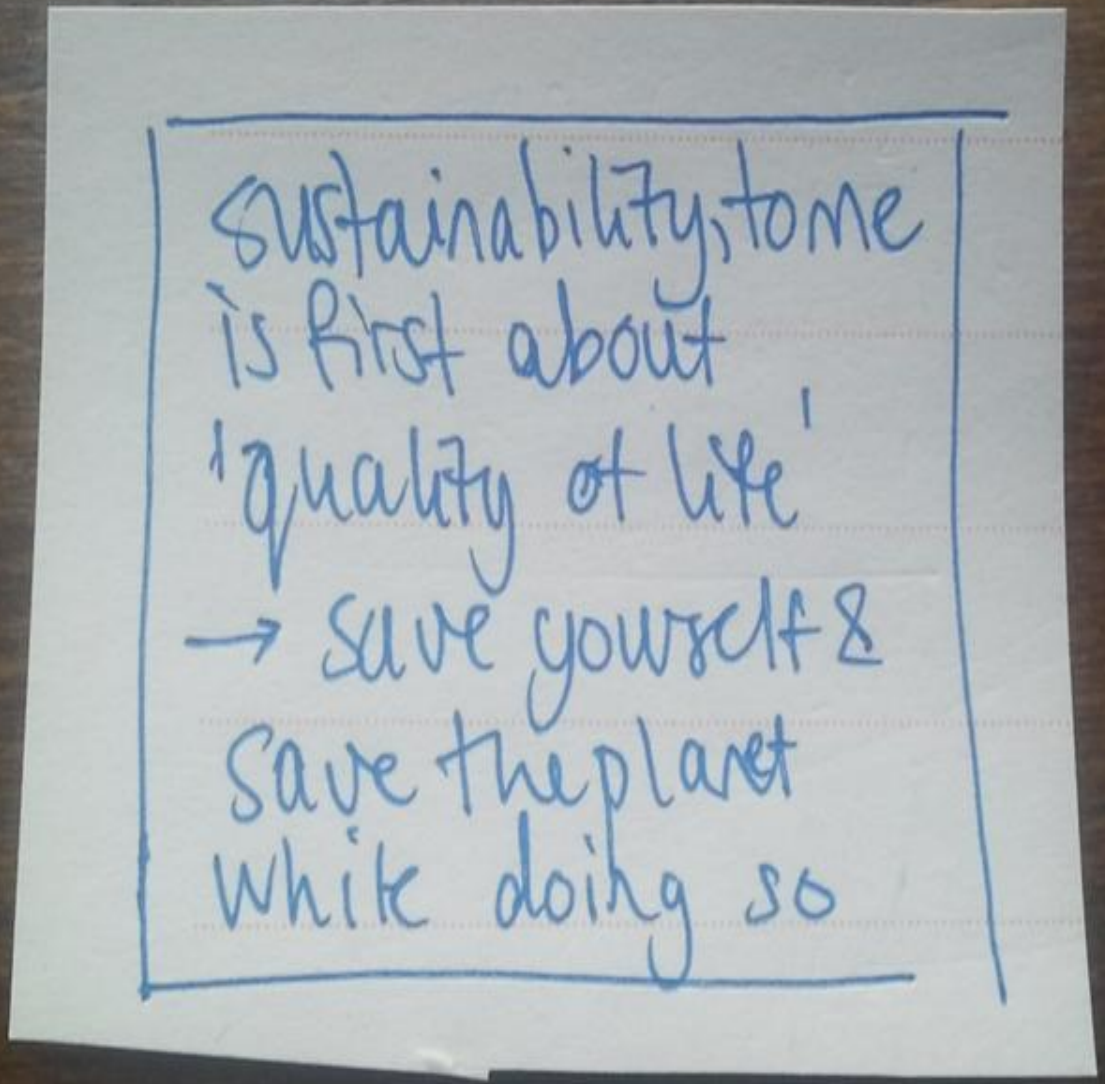
Getting back intouch with nature through food - most intimate relation conscious

Ken Robinson TEDtalk

Body / Mind

Mens sana in corpore sano




sustainability, to me
is first about
'quality of life'
→ save yourself &
save the planet
while doing so

urban farming
= highly personal

↓

My personal story
'riding the right
wave?'

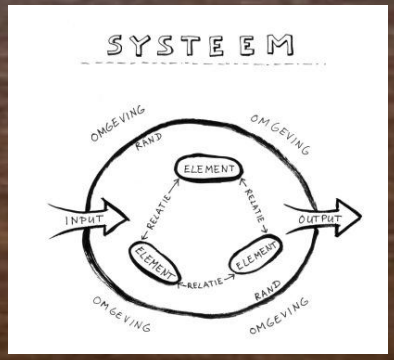
professional
Path
> TNT
> IVN
> GD
Universiteit Leiden
TNT post
ivn
GROEN
DICHTERBIJ

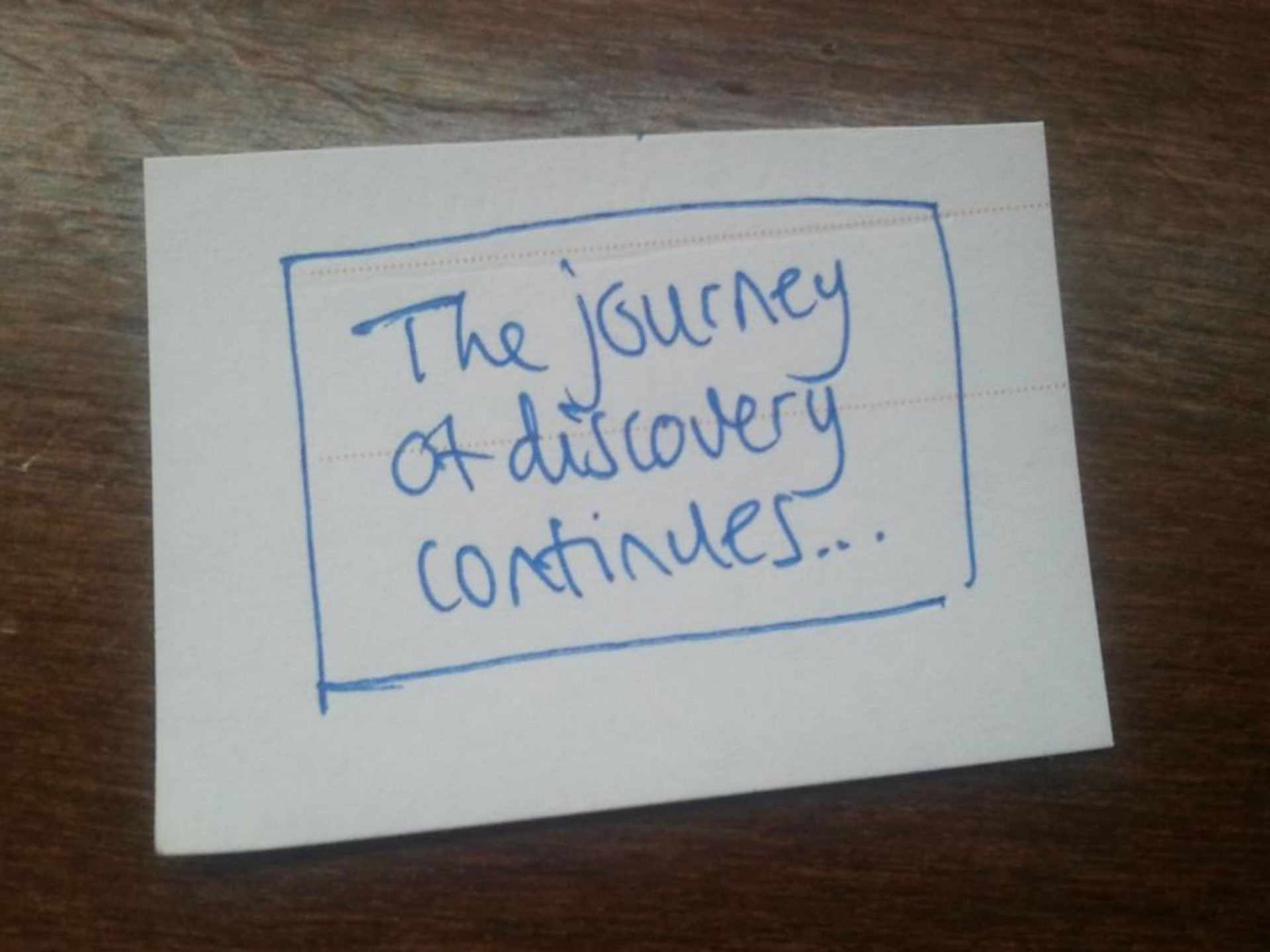
What did UF/LvM211 do for me?

Edible Park
Experiences
- diversity
- organisation

Man as
Part of
the system
≠solitary
actor

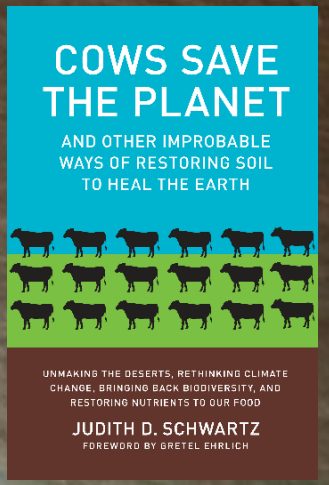
(permaculture)
systems thinking
> respect for real
farmers




The journey
of discovery
continues...

Half Farmer-
Half X
Naoki Shiomi

半農半X



Soil story:
how can we
'manage' nature
to work for us?

from
sustainable
to
regenerative

importance of the social dimension

Join the journey!
Let's share ideas
& experiences